

Sustainability Tips

by Science Staff

ORDER LAB SUPPLIES IN BULK TO REDUCE PLASTIC ASSOCIATED WITH POSTAGE
- EMILY WILSON

WRAP YOUR SANDWICHES IN GREASEPROOF **PAPER AND PACK** IN A **PAPER BAG**; REUSE BOTH



- RENA FRISWELL

SUPPORT RETAILERS ON CAMPUS WHO GIVE DISCOUNTS FOR BYO TAKEAWAY CONTAINERS AND CUPS
- ROCHELLE JOHNSTON

USE THE **RETURN AND EARN** BEHIND PHYSICS! - KIM LAPERE

BRING YOUR OWN BOWL AND CUTLERY WHEN EATING OUT ON CAMPUS
- LISA WILLIAMS



RIDE YOUR BIKE TO WORK
- BLANKA GOLEBIOWSKI

PACK LUNCH TO AVOID THE TAKEAWAY PLASTIC TRAP
- TIERNEY MAREY

TAKE COFFEE GRINDS HOME TO **COMPOST** OR TO USE FOR BODY SCRUB - SOO WOON CHONG

AVOID HELIUM BALLOONS AND USE SUSTAINABLE DECORATIONS
- OLGA PITT

TURN OFF LIGHTS AND AIR CONDITIONING WHEN LOCKING UP
- CATERINA MANEA WARD



TRY THE RULE 'NO KEEP CUP, NO COFFEE'
- INKA-MARIA BANE



CATCH PUBLIC TRANSPORT TO CAMPUS - TANYA MASON

LEAVE COMMUNAL MUGS OUTSIDE OFFICES AND LABS FOR PEOPLE TO GRAB ON THEIR WAY TO BUY A COFFEE
- ROM BOUVERET

USE A **REUSABLE DRINK BOTTLE** FOR WATER
- DIVYA JACOB



ALWAYS CARRY A CLOTH SHOPPING BAG IN YOUR WORK BAG IN CASE YOU NEED TO PICK UP SUPPLIES
- SUE MIN LIU

TAKE THE STAIRS FOR FOUR FLIGHTS OR LESS
- JESSICA JONES



WHEN YOU ATTEND A CONFERENCE, HOLD ON TO YOUR NAME TAG AND **REUSE IT**
- PHILLIPA SPROTT

BRING FRESH FLOWERS AND FOLIAGE INTO COMMON AREAS TO BRING NATURE INSIDE
- LUCY ZHANG

BUY FRUIT AND VEGETABLES FROM THE THOUGHTFUL FOOD COOP ON CAMPUS
- AMANDA HAYES

TURN OFF OFFICE LIGHTS IF THE WEATHER IS GOOD
- GEORGE YANG

WASH AND REUSE TAKEAWAY CONTAINER THAT YOU GET FROM RETAILERS
- MICHAEL LAI



IF YOUR EYESIGHT ALLOWS, PRINT TWO PAGES ON EACH SIDE OF A SHEET OF PAPER



- PEJHMAN KESHVARDOUST